

| 1       | Name of Syllabus                       | <b>C. C. In Advance Course in Beauty Culture<br/>(405110)</b>  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
|---------|--|--|-------|-------|------------|------------|---------|------------|-----------------|---------|----------|------------|------------|---|----------|-------------|------|-------|-----|----|---|----------|-----------------|-------|-------|-----|----|---|----------|----------|------|-------|-----|----|---|----------|---------------------------|-------|-------|-----|----|-------|--|--|--|--|------------|------------|
| 2       | Max.Nos of Student                     | 25 Students  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 3       | Duration                               | 6 Month  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 4       | Type                                   | Part Time  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 5       | Nos Of Days / Week                     | 6 Days   |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 6       | Nos Of Hours /Days                     | 4 Hrs  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 7       | Space Required                         | Practical Lab = 200 Sq feet<br>Class Room = 200 Sq feet<br>TOTAL = 400 Sq feet   |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 8       | Entry Qualification                    | Basic course in beauty culture pass of MSBVEE OR ITI In Hair & Skin Care / Diploma / Degree in Beauty Culture Group  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 9       | Objective Of Syllabus/<br>introduction | To train student in beauty work  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 10      | Employment Opportunity                 | He can get employment in Beauty Establishment.   |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 11      | Teacher's Qualification                | Diploma / Certificate in related course  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 12      | Training System                        | <b>Training System Per Week</b> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">Theory</td> <td style="text-align: center;">Practical</td> <td style="text-align: center;">Total</td> </tr> <tr> <td style="text-align: center;">6 Hours</td> <td style="text-align: center;">18 Hours</td> <td style="text-align: center;">24 Hours</td> </tr> </table>  |       |       |            |            | Theory  | Practical  | Total           | 6 Hours | 18 Hours | 24 Hours   |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| Theory  | Practical                              | Total  |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 6 Hours | 18 Hours                               | 24 Hours   |       |       |            |            |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 13      | Exam. System                           | <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;">Sr. No.</th> <th style="text-align: center;">Paper Code</th> <th style="text-align: center;">Name of Subject</th> <th style="text-align: center;">TH/PR</th> <th style="text-align: center;">Hours</th> <th style="text-align: center;">Max. Marks</th> <th style="text-align: center;">Min. Marks</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">40511011</td> <td style="text-align: center;">Cosmetology</td> <td style="text-align: center;">TH-I</td> <td style="text-align: center;">3 hrs</td> <td style="text-align: center;">100</td> <td style="text-align: center;">35</td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;">40511012</td> <td style="text-align: center;">Electro Therapy</td> <td style="text-align: center;">TH-II</td> <td style="text-align: center;">3 hrs</td> <td style="text-align: center;">100</td> <td style="text-align: center;">35</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">40511021</td> <td style="text-align: center;">Galvanic</td> <td style="text-align: center;">PR-I</td> <td style="text-align: center;">3 hrs</td> <td style="text-align: center;">100</td> <td style="text-align: center;">50</td> </tr> <tr> <td style="text-align: center;">4</td> <td style="text-align: center;">40511022</td> <td style="text-align: center;">Hi frequency<br/>treatment</td> <td style="text-align: center;">PR-II</td> <td style="text-align: center;">3 hrs</td> <td style="text-align: center;">100</td> <td style="text-align: center;">50</td> </tr> <tr> <td colspan="4" style="text-align: center;">Total</td> <td></td> <td style="text-align: center;"><b>400</b></td> <td style="text-align: center;"><b>170</b></td> </tr> </tbody> </table> |       |       |            |            | Sr. No. | Paper Code | Name of Subject | TH/PR   | Hours    | Max. Marks | Min. Marks | 1 | 40511011 | Cosmetology | TH-I | 3 hrs | 100 | 35 | 2 | 40511012 | Electro Therapy | TH-II | 3 hrs | 100 | 35 | 3 | 40511021 | Galvanic | PR-I | 3 hrs | 100 | 50 | 4 | 40511022 | Hi frequency<br>treatment | PR-II | 3 hrs | 100 | 50 | Total |  |  |  |  | <b>400</b> | <b>170</b> |
| Sr. No. | Paper Code                             | Name of Subject  | TH/PR | Hours | Max. Marks | Min. Marks |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 1       | 40511011                               | Cosmetology  | TH-I  | 3 hrs | 100        | 35         |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 2       | 40511012                               | Electro Therapy  | TH-II | 3 hrs | 100        | 35         |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 3       | 40511021                               | Galvanic   | PR-I  | 3 hrs | 100        | 50         |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| 4       | 40511022                               | Hi frequency<br>treatment  | PR-II | 3 hrs | 100        | 50         |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |
| Total   |  |  |       |       | <b>400</b> | <b>170</b> |         |            |                 |         |          |            |            |   |          |             |      |       |     |    |   |          |                 |       |       |     |    |   |          |          |      |       |     |    |   |          |                           |       |       |     |    |       |  |  |  |  |            |            |

# Syllabus – Advance Course in Beauty Culture

## THEORY PAPER – I, COSMETOLOGY

- knowledge of Advance make-up e.g. party make of pom-cake make-up, shine make-up, etc. choosing correct colours of cosmetics for make-up. knowledge of Advance cosmetics materials.
- Skin Anatomy :-
  1. Structures of skin – 3 layers of skin , glands – sweat gland and sebaceous glands,
  2. lymph – meaning of lymph, lymph nodes on face
  3. Bones – of face and head,
  4. muscles – structure of muscles  
origin and insertion definition of ligaments, tendons of face and neck  
Muscles of face and neck.
  5. Skin diseases– infectious diseases caused by bacteria, fungus, eczema, erythma, etc.  
pigment disorders like chloasma, lentigas, freckles,
  6. Nail Diseases – infectious diseases – ringworm, onychotrophy etc.
  7. Nail Disorders – brittle nails, furrows on nails, blue nails, bruised nail etc.
  8. Electricity – conductors, insulators, types of current, units of electricity.

## THEORY PAPER – II, ELECTRO THERAPY

- Steam cap – Hot and cold compressing unit knowledge etc.
- 9. Electro Therapy –
  - Brush massage and Cleansing – uses of machine, indications and contra indications.
  - High Frequency - uses of machine, indications and contra indications. indirect and direct method
  - Galvanic - uses of machine, indications and contra indications, iontophoresis and desincrustation.
  - Vacuum Suction - uses of machine, indications and contra indications, method of lymph drainage.
  - Ultra sonic - uses of machine, indications and contra indications.
  - Combining machine treatments.
  - Nail structure study.

## **PRACTICAL – I, Galvanic (Ionization & Desincrustation) )**

- Galvanic Facials, Gold facial, Luxury facial, skin padding treatment. Advance –clean –up –procedure.
- Electro Therapy
  1. Skin Analysis – Identifying
    - Skin type
    - Blemishes
    - Pigment disorders
    - Expression and superficial lines
  2. Galvanic Current – application of electrodes, use of tweezer, rollers, use of positive and negative gel. knowledge of –ve and +ve current see wood get treatment.
  3. Ultra Sonic – application technique
  4. Combining machine treatments-
    - Desincrustation and vacuum
    - Steaming and vacuum Hot and cold compressing.
    - Bridal make up.

## **PRACTICAL – II, Hi frequency treatment (Skin and scalp)**

Hi-frequency with pimple treatment

Hi- frequency with massage manipulation

Hi- frequency with dandruff treatment

1. Brush cleansing and massage – uses of enzyme packs, application of brush and stone.
2. Hi Frequency – direct method , sparking on pimples, massage with indirect method , use of powder and cream
3. Pimple Treatment – complete treatment routine, extraction, sparking, use of infra red lamp.
  - Brush cleansing and indirect hi frequency
  - Combining machine treatments

## List of tools, equipments and furniture

| Sr. No. | Description             |
|---------|-------------------------|
| 1       | facial Sauna            |
| 2       | Vapozone                |
| 3       | Hi frequency unit       |
| 4       | Galvanic unit           |
| 5       | Scalp steamer           |
| 6       | Pedestal dryer          |
| 7       | Brushing unit           |
| 8       | Hot and cold spray unit |
| 9       | Ultra sonic             |
| 10      | Head band               |
| 11      | Plastic Bins            |
| 12      | Blackhead remover       |
| 13      | Pack brush              |
| 14      | Infra red lamp          |
| 15      | Vibro massager          |
| 16      | Air conditioner         |
| 17      | Teacher table           |
| 18      | Teacher chair           |
| 19      | Almirah                 |
| 20      | Display board           |
| 21      | Black board             |
| 22      | Vacuum suction          |
| 23      | Facial Bed and chair.   |

### REFERENCE BOOK

Beauty therapy - Maya paranjpe

Beauty Recipes Author – Urvashi Dave

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